From the Principal’s Desk:

“SIZZLE AND SOUND” NIGHT.

What a wonderful evening we had last Friday night!! Thank you to all those who came along and enjoyed the family atmosphere, spending time enjoying each other’s company. The activities on offer in each of the air conditioned classrooms were really well received and it was great to see the parents and grandparents getting involved. A couple of highlights were the STEM robots where the adults in particular, found it hard to code a path for the robots to negotiate through and the sling shot towers in the 5/6 classrooms.

I would like to extend a very heartfelt thank you to the PAFA parents who worked so hard in the hot and stuffy canteen to provide baked potatoes, sausages, icy poles and slushies. A special thank you to Daniel Matlin and Vicki Parker for providing the sprinkler and outdoor games on the night. The children had a ball! Thank you also to Jo (Isla and Bethany S’s grandmother) for her beautiful singing and guitar playing which helped to create a really lovely atmosphere.

As part of the leadership program I have been running with the grade 6 cohort, we had a small group of children run a cake stall with all proceeds going to the Royal Children’s Hospital. These children and their families (thanks Mums!) baked the goods, organised the stall and sold their home made baked treats demonstrating fabulous initiative and organisation skills. Altogether they raised almost $104:00 that will all go to the Children’s Hospital Good Friday appeal. Congratulations to Ciara, Claire, Ayden and Aleesha!!

Overall it was a terrific night – thank you to PAFA for your planning and organisation!

CURRICULUM DAY TOMORROW:

Friday 8th March – children will not be required on this day.

SCHOOL CLOSURE:

I would like to thank the whole school community for the calm and orderly manner you dealt with the harrowing events of the weekend, including Monday and Tuesday’s school closures. Thankfully no one from our school community was hurt and the property damage appears to have been mostly minimal considering what could have been! I have included in the appendix of this newsletter a parent resource that may help you to talk to your children following a bushfire event such as the one we experienced.

“Helping children affected by bushfires”. It is important that the community understands a principal and/or school staff member legally has no authority to officially close a school and it is for that reason the call to notify you of our school closure came so late on Sunday evening. I was in constant communication with the Regional Office Incident Management Team over the whole weekend and their directive to close the school only came through at 7:15 pm on the Sunday night resulting in my notification to close. In future, if you feel your child may be at risk and you do not feel comfortable sending them to school when there is an emergency close by – you do not need to wait for a school closure announcement to do so if you are worried. On a really positive note, the events of the weekend demonstrated that our communication methods work well with SMS, email, PAFA Facebook and the website announcements. If ever you are in doubt about emergencies when / if they occur, the first place to go to for information would be the website principal announcement on the front page.

The base camp on the NNG Recreation Reserve is expected to remain for at least a fortnight, so please adhere to the directions provided by Vic Police and the CFA. Spencer Street will remain closed to parent traffic – please continue to park in the main street or CFA carpark and walk down to the school. The back gate will remain an option for as long as Spencer Street is closed, but please do not allow the children to cross or walk along Longwarry Road by themselves.

I hope you all enjoy your lovely long weekend and think of all the staff tomorrow! Our Professional Development day will be focussed on reading comprehension, in particular our new benchmarking program “Fountas and Purnell”. Please stay safe over the long weekend and we will see everyone back on Tuesday!

Mrs Fran Van Lambaart—Principal
Helping children who have been affected by bushfires

Many children have been affected directly by recent bushfires, either having lost their homes and properties, or through being evacuated. Other children have experienced the fires indirectly, through hearing about them, or knowing someone who has been affected. These can be distressing experiences for children.

Information for parents and caregivers

Impact of trauma on children

People cope with trauma in different ways and there is no one ‘standard’ pattern of reaction to the stress of traumatic experiences. Children are not always able to express complex feelings in the same direct way that adults do and therefore do not often show the same reactions to stress as adults. It is therefore very important to look out for changes in children’s behaviour that suggest they are unsettled or distressed.

Reactions to the trauma of the bushfires may result in changes to children’s normal behaviour such as:

- Changes in their play, drawing, dreams or spontaneous conversations
- Regressive behaviour – children behaving younger than they normally do
- Nightmares
- Anxiety about sleeping alone
- Trouble getting to sleep
- Irritability or anger
- Tantrums
- Fussy eating
- Withdrawing
- Wanting to stay close to a parent
- Problems concentrating at school

Children are usually very resilient and for most children these reactions will gradually reduce over time with the support of families.

How you can help your children recover

After a traumatic event, children need comfort, reassurance and support, and to know that they are safe and are being looked after. Try to spend more time with your children and provide them with plenty of affection through cuddles and hugs. Sometimes children can better express their feelings through play than through words, so make time to play with them. Let them be more dependent on you for a while and try to re-establish daily routines, for example routines around mealtimes, bedtimes or returning to school where possible.

Find out what your children know in case they have mistaken ideas or facts about the bushfires, and correct any misconceptions. Keep your responses appropriate to the age of your child and also appropriate to the child’s level of understanding and emotional maturity. Young children often need reassurance more than facts.

Listen to your children’s concerns. Listen closely to what they are asking or saying, and think about whether they are looking for factual information, or if the questions are expressing anxiety about the bushfires. Try to keep your own feelings to yourself when talking about their feelings. Let them know that you understand how they feel.

Monitor how much your children are being exposed to media stories of the bushfires. Children can become retraumatised by watching repeated images on the television and it is best to try to shield them from the media.
Be aware of how you talk. Adults need to be conscious of the presence of children when discussing the bushfires. It is a good idea not to let children overhear adult conversations about worrying things if they cannot join in at their own age or stage of development.

And most importantly, look after yourself as it is likely that you have also experienced the bushfire trauma. When parents are feeling cared for themselves, they are better able to respond to the needs of their children.

Seeking further help

While most children will bounce back after a trauma, some children may show prolonged distress and could benefit from professional assistance. Children who are more at risk of developing more lasting problems are those who have lost family and friends, those who have been seriously injured or witnessed horrific scenes, and those who have developed problems in response to past traumas.

Warning signs of more significant and lasting distress in children include:

• Continual and aggressive emotional outbursts
• Serious problems at school
• Preoccupation with the bushfires
• Intense anxiety or emotional difficulties

A qualified mental health professional such as a psychologist can help such children and their parents or caregivers to understand and deal with the thoughts, feelings and behaviours associated with the trauma of the bushfires. Speak to your GP about a referral to a psychologist or phone the APS Find a Psychologist service on 1800 333 497. Alternatively, you can locate a psychologist in your area by visiting the APS Find a Psychologist website – www.findapsychologist.org.au.

For more information about the APS disaster recovery resources please visit psychology.org.au/topics/disasters/
**CALENDAR OF EVENTS**

### MARCH

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Friday 8th</td>
<td>Curriculum Day</td>
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<tr>
<td>Monday 11th</td>
<td>Labour Day Holiday</td>
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<tr>
<td>Wednesday 13th</td>
<td>Division Swimming (Squad only)</td>
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<tr>
<td>Friday 15th</td>
<td>PAFA Meeting (time to be advised)</td>
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<tr>
<td>Monday 18th</td>
<td>School Photos (see newsletter)</td>
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<tr>
<td>Thursday 21st</td>
<td>5/6 Pakenham Library Visit</td>
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<tr>
<td>Friday 22nd</td>
<td>5/6 Sport @ Bridgewood (new date)</td>
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<tr>
<td>Friday 29th</td>
<td>5/6 Summer Lightning Premiership</td>
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### APRIL

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<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Wednesday 3rd</td>
<td>Free Dress Day (info to follow)</td>
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<tr>
<td>Friday 5th</td>
<td>School Cross Country (info to follow)</td>
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<tr>
<td>LAST DAY TERM 1</td>
<td>2.30pm finish</td>
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<tr>
<td></td>
<td>Buses will run to this timetable</td>
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<tr>
<td>TERM 2</td>
<td></td>
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<tr>
<td>Monday 22nd</td>
<td>Easter Monday Holiday</td>
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<tr>
<td>Tuesday 23rd</td>
<td>First Day Term 2</td>
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<tr>
<td>Thursday 25th</td>
<td>ANZAC DAY HOLIDAY</td>
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*Education begins the moment we see children as innately wise and capable beings. Only then can we play along in their world.*

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**LATE ARRIVALS**

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<thead>
<tr>
<th>Number</th>
<th>Name</th>
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<tbody>
<tr>
<td>22</td>
<td>Scharlotte M</td>
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<tr>
<td></td>
<td>Tayla B</td>
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**EARLY LEAVERS**

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**Officer District Swimming Carnival**

Last Wednesday Nar Nar Goon Primary School had 29 fabulous students represent our school at the Officer District Swimming Carnival. It was definitely not swimming weather but all who attended tried their absolute best and swam us into an impressive 4th overall out of 9 schools. This is one place higher than last year and a wonderful achievement for one of the smaller schools in our district. Individually our results were: one 1st, four 2nd, six 3rd, six 4th, six 5th and three 6th.

A huge congratulations goes out to Giaan Mc and Harley M who qualified in backstroke and breaststroke for Division swimming in a couple of weeks. We wish them the best of luck!

Sarah Deveny
Last week’s **E4 Excellence Award** Winners are pictured below *(also featured on our website)*


**Library News**

Congratulations to 5/6H and 3/4K and FW, who have no overdue books this week!!

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**Student Details And Student Consent Form**

Parents & Carers please note

If you haven’t already done so, please review your child’s Student Information Details emailed on Tuesday 19th February. Make any changes on the form sent home in the Gold Envelope and return to school **ASAP**.

In light of the recent Bushfire Emergency, it is imperative that we have all your details up to date. This includes mobile numbers and email address for both parents. If you have misplaced your envelope, contact the office and we can send one home with your child.

Thank you to those who have returned their forms.

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**PARENTS AND FRIENDS ASSOCIATION**

**FACEBOOK PAGE**

Join the Nar Nar Goon Primary School - Parents & Friends Group as another way to stay informed and up to date with the activities and events happening within the School.

(*this is a closed group only available to parents/carers with current students at the school*)
STUDENT ABSENCES

**It is a Department of Education policy that when a child is absent we must receive an explanation either by email, verbal, a note or a phone call on the day of absence.**

You can do this in several ways—via our website (in Quick Links) which is a proforma on the front page of our website. Please fill in and submit and we will get notification. Or if you prefer, a phone call, or a note to the school via a sibling.

Unexplained absences will appear as unapproved absences until an explanation is received.

If we do not receive notification on the morning of the absence we are required to make a follow up phone call.

OPEN LEARNING

(whole school ability based maths groups)

Begins on Tuesday 19th February with game based activities with teachers covering the progression points.

Parent Helpers WON'T BE NEEDED UNTIL Term 2 in all levels. Please let Ryan know if you have a current Working With Children Check and are available to help out from 9.10am-10am

Values to Virtues

This term, students will be striving to change values to virtues, occasional good behaviour to habits of action. They will standing up in front of their classmates and say:

“I am a valuable member of this class because...”

This conversation encourages students to think about their choices and the impact they have on others, with the overall aim of supporting students to be their personal best.

PLEASE NOTE THAT PAYMENTS FOR BOOK CLUB CANNOT BE ACCEPTED AT THE SCHOOL. ALL ORDERS AND PAYMENTS MUST BE DONE ONLINE

Nar Nar Goon Primary School
Footy Tipping Competition

Nar Nar Goon Primary School is running a footy tipping competition with the school community for the 2019 AFL season. Anyone is welcome to participate and put their footy knowledge to the test.

This will be a friendly competition with weekly leader boards posted in the newsletter.

To enter you will need to download the app ‘footytips – Footy Tipping App’ or visit https://www.footytips.com.au/ and register an account.

From there you will need to search for the league ‘Nar Nar Goon Primary School’ and enter the password ‘NNGPS’ to join.

Season begins March 21st 2019. Any questions, please see Mr Mason. Good luck!

SCHOLASTIC

Book Clubs LOOP
for Parents

LOOP is Scholastic Book Clubs Linked Online Ordering & Payment platform for Parents.

If you want to pay by credit card for your online Book Club order, LOOP makes it easy! It eliminates the need for paper order forms plus your online order is submitted to the school safe and sound.

Log-in to www.scholastic.com.au/LOOP or download our iPhone and iPad app from the App Store or get it on Google Play for Android.

- For a quick start, just click on ORDER in the top menu or REGISTER first to save your details for next time
- Select your school and your child’s class
- Add your child’s first name and last initial (as the school knows who the book is for)
- Enter the item number from the Book Club catalogue
- You can order for multiple children at once if they attend the same school
- All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child’s classroom if you order by the due date
- There’s no need to return paper order forms or payment receipt details to your school!
School Photographs for 2019
will be by our School Photographers,
Spargo Photography.
Monday, 18 March 2019.

To ensure that your photos are returned as quickly as possible, please follow these quick and easy guidelines.

Please write clearly on your child’s envelope (Block letters preferred)
Please don’t use small change as this can break or fall out of your envelope, if this is not possible, please tape up the sides or put the money in a freezer bag then inside your envelope.
For online orders, complete an envelope and record the Order Number in the “online Order#” section on the envelope.

**All children must have their own envelope with them when being photographed.**

**Do not** use one envelope for multiple children.
Children without an envelope when having their individual photos taken will not have an order placed against their name.

For Family/Siblings & Friends Portraits please see your school office for an information flyer and red family envelope.

**Do not** place a family envelope inside another envelope or an individual envelope.

*Only family/siblings with a completed family envelope will be photographed.*

**ONLINE PRE-ORDER**

We now provide you with the flexibility of pre-paying your child’s photos online. Simply follow the links below to place your order. Once completed, print out your confirmation invoice and include in your child’s envelope.

To order click on the following links;

[Individual Photograph Packs](#)

[Family Photograph Orders](#)

If you have any inquiries, please contact us on (03) 5942 5234

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**Student’s envelopes may be returned to school at any time prior to the day and we will keep them in the safe and return them to the student on Photo Day**

**Family envelopes and additional envelopes are available from the office**
IMPORTANT INFORMATION:

WORKING WITH CHILDREN’S CHECKS—A GOVERNMENT REGULATION
A reminder that EVERY HELPER in our school must wear their Working With Children Card on one of our visitor lanyards, or a visitors badge when helping in our school. This could be for reading helpers, sport helpers, classroom helpers, PAFA friends etc.

This is policy in our school and we will be monitoring this diligently.

STUDENT SUPERVISION
Please be aware that staff are on yard duty in the playground from 8:45 am before school and until 3:45 pm after school. Students travelling on late buses are supervised in the Multi Purpose Room after school until the final bus leaves. For your own child’s safety it is recommended that children do not arrive at school before 8:45 am.

STUDENT INSURANCE
Please be aware that the Education Department does not cover students for accidents in the school grounds, nor does it cover for Ambulance costs should the need to call an ambulance be necessary. I would therefore encourage all families, to please consider making personal insurance and ambulance cover arrangements for all their children.

VISITING THE SCHOOL
We would respectfully ask that every person who comes onto the school grounds between the hours of 9:15am and 3:15pm does so through the main office to ensure that we know who is on the school grounds at all times. We would ask for your cooperation as parents to ensure that if you have a message for your child or an item that needs to be delivered to the classroom that you ask the office staff to pass it on rather than interrupt the class and/or the teacher during instruction time. Anyone without a WWCC lanyard or Visitors badge will be redirected to the front office.

CHILD SAFE STANDARDS
Nar Nar Goon Primary School is committed to child safety. We want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children. We have zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. If you would like more information please go to the ‘Wellbeing’ or ‘Policies’ tab on our website where you will find our Child Safe Policy and/or further information and resources go to: www.education.vic.gov.au/protect

FEEDBACK
Your feedback is important to us. If you have a concern or would like to raise a complaint as a parent, please speak to the classroom teacher in the first instance, Team leader in the second instance (ie: Foundation: Jodie Watt, Years 1-2: Kimberly Feher, Years 3-4 Ryan Marsland, Years 5/6: Jackie Hope).

Otherwise, please contact the Principal Mrs Fran Van Lambaart or Assistant Principal Jacqui Cutler, by calling the office to arrange an appointment.
During March be as active as you can!

- Walk, ride, scoot or skate to school
- Remember to wear your helmet
- Meet friends and actively come to school

Make sure your school is in the running for the most active school in Cardinia Shire to win the “Streets Ahead Cup”. The winning school will be announced in Term 2.

For more information contact Council’s Healthy Children’s Facilitator on 1300 787 624 or email k.beveridge@cardinia.vic.gov.au

Be as active as you can with your family and win prizes!

- Walk, Ride, Scoot or Skate to school or the shops
- Visit your local park
- Walk the dog
- Swimming, cricket, dancing, basketball, tennis, football, soccer etc.

Register to participate in the competition by visiting cardinialeisure.com.au/mobilemarch2019

Go into the draw to win ONE of FOUR weekly $50 fuel vouchers or ONE of THREE $100 Coles vouchers.

For more information, contact Council’s Healthy Children’s Facilitator, Kate Beveridge on 1300 787 624 or email k.beveridge@cardinia.vic.gov.au

YEAR 7 2020 INFORMATION DAY & EVENINGS

ACCELERATED PATHWAYS PROGRAM (APP) INFORMATION EVENING
Tuesday 19th March at 7pm
Grade 6 students with academic aptitude and a passion for learning are invited to apply!

INFORMATION DAY FOR ALL GRADE 6 STUDENTS
Thursday 2nd May 9.20am to 3.00pm

EVENING FOR PARENTS AND GRADE 5 & 6 STUDENTS
Thursday 2nd May 7.00pm
Tour the College in small groups to see classrooms & facilities & presentations about our learning programs. Speak with teachers, students & other parents.

Contact: Dr Jessica Dunn—dunn.jessica.m@edumail.vic.gov.au or 5625 1002 or visit our website: www.drouinsec.vic.edu.au

Allan Armstrong Memorial Garden

You are invited to the official opening of the ‘Allan Armstrong Memorial Garden’
Friday, 15th March
Cardinia Primary School

Food and Drinks available for purchase from 3:30pm—6:30pm
Official opening at 5:30pm

- Coffee van available (Thank you to Tilly’s Cup)
- Sausages and Burgers
- Cold drinks
- Fairy Floss
- Popcorn
- Cakes and slices
- Memorial native plants available for purchase
- Raffle tickets available for purchase

Please RSVP to Cardinia Primary School by Friday, 7th March.

Phone - 03 5998 8323
Email - cardinia.ps@edumail.vic.gov.au
9.10am for morning tea
9.30 start - til 12pm
Parents are welcome to join

GROWING GREAT KIDS
PARENTS BUILDING SOLUTIONS

ARE YOU TIRED OF YELLING?
How to get kids to listen, without having to yell

DEALING WITH ANGER
Deal with our own anger and the anger of our children

STRATEGIES
Discuss and share skills that work

TECHNOLOGY & OUR CHILDREN
When to limit it and how?

SELF CARE
How to cope with stress & emotions

DATES: Wednesdays 27 Feb, 6, 13, 20, 27 March and 3 April 2019
TIME: 9.10am - 12.00pm
WHERE: Nar Nar Goon Primary School
        27-35 Spencer St, Nar Nar Goon

COST: FREE
BOOKINGS: Bookings essential
For bookings and enquiries contact:
Virginia Meredith - 5942 5311 or
Email: nar.nar.ps@edumail.vic.gov.au
Jasbir Singh Suropada
Call or TEXT 0431 203 177 to register
jasbir.suropada@anglicarevic.org.au

anglicarevic.org.au
FINANCIAL ASSISTANCE
INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government’s commitment to breaking the link between a student’s background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- $125 for primary school students
- $225 for secondary school students

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child’s school in 2018, you do not need to complete an application form in 2019 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2019 or you did not apply in 2018.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2019.

Check with the school office if you are unsure.

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef
Autumn 2019 School Holiday Program

For young people 12-17 years
Bookings open on Monday 4 March and close on Friday 29 March

Tuesday 9 April
Trivia
My Place youth facility
Become a true quiz master, come down and challenge the group to a fun game!
Cost: Free
Time: 1.30–3.30pm

Wednesday 10 April
Kemizo
Pakenham
Rock climb, lazer tag, roller skate - all the fun you need in one place!
Cost: $15
Time: See bus timetable

Thursday 11 April
Horse riding
Labertouche
Saddle up, follow the trail and enter the world of horse riding.
Cost: $25
Time: See bus timetable

Friday 12 April
Harry Potter Party
My Place youth facility
Witches, Wizards and muggles are all welcome, see you on platform 9 3/4.
Cost: Free
Time: 4.30–7.30pm

Tuesday 16 April
Skate deck design
My Place youth facility
Add your own unique design to a skate deck and ride in style. All materials provided.
Cost: Free
Time: 1.30–3.30pm

Wednesday 17 April
Cinemas
Belgrave
We all have a superhero inside us, it just takes a bit of magic to bring it out. SHAZAM
Cost: $10
Time: See bus timetable

Thursday 18 April
Comic workshop
My Place youth facility
Learn how to create your own comic book in this fun and interactive workshop.
Cost: $5
Time: 1.30–3.30pm

Friday 19 April
No Activity

Check out our new look!
We are now offering more pickup points that hit on all corners of the Shire.
For more details on locations and times please download the Bus timetable.

We are open during the school holidays!
My Place youth facility is open Monday to Friday 10am-15pm or by appointment from 9am-12pm. Young people are welcome to come in during opening times to use the internet cafe and to access information, advice, referral and support.

Booking forms available at
My Place (5-7 Main Street, Pakenham)
online www.cardinia.vic.gov.au/youth
or call 1800 4YOUTH (1800 496 884)